



Belper Marlin Skills Camp

Saturday 16th September 2017

- What is it?** Skills and technique training for swimmers.
- Who can join?** All swimmers aged 9 and over on the day (exceptions by coach’s agreement).
- Where is it?** Alfreton Leisure Centre.
- When is it?** 16th September 2017 (we know it’s in the title but best to be safe!). The 1st session runs from 07:00hrs to 12:30hrs (junior swimmers starting at 08:00hrs) and then all swimmers from 16:00-19:00hrs.
- What’s involved?** Swimming, stretching, listening, watching, learning, practicing, friends and fun.
- What’s needed?** Your normal pool and land training equipment, lots of water and your favourite gala fuel.
- What’s the cost?** £12.50 per swimmer which includes facilities, coaching, drinks and snacks throughout.
- Who’s involved?** All your favourite swimming and land training coaches and all your friends.
- Still not sure?** Or need to know more, just contact Christian, Adam, Mike, Rob or bmscskills@gmail.com with “Skills Camp 2017” in the title and we’ll be sure to get back to you.
- Want to book?** Great, fill in your swimmer details below and hand it, and your payment, to your pool or land training coach.

Swimmers Name 1.....

Date of Birth..... Age on Day.....

Signed by Swimmer.....

Signed by Parent.....

Emergency Contact Number.....

Swimmers Name 2.....

Date of Birth..... Age on Day.....

Signed by Swimmer.....

Signed by Parent.....

Emergency Contact Number.....

Swimmers Name 3.....

Date of Birth..... Age on Day.....

Signed by Swimmer.....

Signed by Parent.....

Emergency Contact Number.....

